

CONGREGATIONAL CLARION

2150 FOOTHILL DRIVE
SALT LAKE CITY, UTAH
801-487-1357

JANUARY 2017



WALKING IN A WINTER WONDERLAND

First Congregational Church

2150 S. Foothill Drive

Salt Lake City, Utah 84109

Phone: (801) 487-1357

Email: firstcongo@qwestoffice.net

Website: www.firstcongregationalslc.org

Find us on Facebook: First Congregational Church, Salt Lake City

Office Hours:

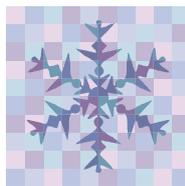
Tuesday – Thursday: 8:30am – 3:00pm

Friday: 8:00am – Noon

Worship Hour: Worship Hour at 11:00am

Nursery Provided

Senior Minister:	Rev. Marijke Rossi
Moderator:	Ted Stephenson III
1st Assoc. Moderator:	Tom Simons
2nd Assoc. Moderator:	Marge Kimes
Treasurer:	Scott Hanson
Financial Secretary:	Mike McIntire
Church Clerk:	Ken Rockwell
Board of Trustees:	Mike McIntire
Board of Deacons:	Phil LeHoux
Outreach Board:	Diane Forster-Burke
Christian Education:	Patti Garver
Membership Board:	Wendy Haupt
Parish Nurses:	Diane Forster-Burke, Marge Kimes, Lynne Calame
Camp Fellowship:	Christine Madsen and Shaun McIntire
Garden of Grace:	Scott & Jeanne Hansen
Choir Director:	Devon Bettolo
Organist:	Teresa Clawson
Church Secretary:	Kristi Hanson



FROM THE REV... Rev. Marijke Rossi

Blessings to all and a Happy New Year! January 2017 marks a new anniversary for First Congregational Church. 152 years is a long time! As we celebrate another year of existence as a church let us consider how to spend our 153rd year. Now is a great time for goal setting. We will be focusing on getting the new covenant approved and putting together some welcome information for visitors. We have been growing and have been reenergized as a church. Let's keep that energy alive.

May we feel blessed as a church to have each other. Let us go with God's leading and blessing into the New Year.

January Communion Sunday - Please note that Communion Sunday in January will be held the second Sunday, the 8th. The Board of Deacons is considering moving it to the second Sunday of the month on a regular basis. Comments regarding such a change are welcome, and can be made to any Board of Deacon member.

CLARION DEADLINE



February Clarion Deadline will be January 18th. You can email your articles or leave them in the church office.

firstcongo@qwestoffice.net

CALENDAR



The Calendars in this issue give information about church activities as well as building use by groups. While any building use should be co-coordinated through the office, this should help you make appropriate plans if you need to use the church.

THANK YOU

Thank you to everyone who helped make the Christmas season so special for our young people. We had help with luminaries, the Sunday School Pageant, a soup luncheon, a very special visitor, and the Christmas Eve Nativity scene. Thanks again for supporting our youth.

FROM THE CHURCH SECRETARY - Thank you all for your kind words and cards during the Christmas season. I have loved hanging those cards up at my house and being reminded of how wonderful you all are, and how much I love working for you and the church. I hope you had a memorable Christmas season and I hope you all have a happy new year.



all

ANNIVERSARY SUNDAY CELEBRATION JANUARY 22 –

January 22 is when the first service was held of the group of people who became the First Congregational Church. The Reverend Norman McLeod preached. We will have a special Anniversary Dinner following the service.

FROM THE DEACONS

Written by Phil LeHoux

Our Roots in the English Religious Separatism Movement

January is our Anniversary Month at FCC, and although we tend to celebrate our history in the Thanksgiving month of November, it is important to remember that this history didn't start with the Mayflower, but had its roots in England and the tumultuous events around the Protestant Reformation, and its evolution there. Religious wars followed Luther's repudiation of the tenet of Catholicism that Salvation could be attained essentially only through the Church and its dispensation of Sacraments. His thesis, that Salvation was granted individually, eliminated the need for the Church itself. As with most dramatic shifts in thinking throughout history, this concept, arrayed the allied Powers-That-Be of feudal monarchies and Church against what was seen as a threat to their hold on power. In England, the Reformation took a different turn, where Henry VIII essentially tried to manage a break with Rome, by maintaining the structure of the existing Church, while installing the monarchy as its head. This did not leave any room for those wishing to embrace the concept of individual salvation, as was being espoused by many groups, such as John Calvin in Geneva.

Groups that rejected the hierarchy and ritual of the organized Church were called "Nonconformists." Some of them wanted to reform the Church of England from within—to "purify" it, hence their becoming

known as “Puritans.” Others had no hope in such a project and chose to separate themselves from the established Church, so they became known as “Separatists.” This was a very descriptive term, as most so self-identified wanted to establish separate social structures, as well as independent religious worship. Not only the rituals of the Church were to be eliminated, but its trappings of stained glass, ornate structures, statues, saint veneration and dedicated worship spaces themselves were eschewed.

Organization of a Separatist congregation was typically a lay leadership of deacons, a High Deaconess and a Called Clergy. In keeping with the concept of individual salvation, our particular strain of Separatists, a congregation in Scrooby, Nottinghamshire, led by John Robinson and Richard Clifton (only much later calling themselves Congregationalists), retained only Infant Baptism and Communion as essential Sacraments. This group, along with the rest of the Separatists, by breaking away from the Church of England, were perceived as threats to the political order and persecuted. As both religious and political challenges to the governing structure were being fomented, and society roiled in conflict, the congregation moved to Holland (at the time a much more tolerant society) in 1607 to escape the turmoil. This ended up being only a transient stop for their eventual Atlantic crossing. In hindsight, their assessment of the situation and decision to leave Scrooby was prescient, as these political and religious conflicts erupted into the English Civil War a few years later.

FROM THE OUTREACH BOARD - Operation Gratitude

The financial recipient of donations during the month of January will be Operation Gratitude. Operation Gratitude was founded in 2003 to lift the spirits and meet the evolving needs of the U.S. Military and First Responders. More than 95% of all financial donations are devoted to Program Services. Operation Gratitude annually sends 200,000+ care packages filled with food, entertainment, hygiene, and handmade items, plus personal letters of appreciation to Veterans, First Responders, New Recruits, Wounded Heroes, their Care Givers, and to individually named U.S. service members deployed overseas and their families waiting at home. Since its inception in 2003, Operation Gratitude volunteers have shipped more than 1,600,000 care packages.



Parish Nurse Tip



Overexposed? Superbugs?

Here's the scenario: You get a urinary tract infection, 'ugh, we know, head to the doctor; get a prescription for an antibiotic. This Cillin/Mycin/ whatever has worked in the past, but this time your symptoms don't go away. They get worse, even after another round. Now you end up in the hospital with a kidney infection. Why did your illness spiral out of control? Antibiotic resistance, a health threat that affects at least 2 million people a year in the U.S. and leads to about 23,000 deaths due to now-hard-to-treat infections like UTIs and pneumonia. Antibiotics save countless lives, but these days more bacteria are mutating into "Superbugs" and defying treatment.

Most Super Bugs Come From Somewhere Else Like:

- Nursing Homes
- Gyms
- Hospitals
- Your Food

What Exactly Is Antibiotic Resistance:

- Simply put, it means your infection doesn't respond to first-line antibiotics and—or worse, even stronger ones.
- Everyone has bacteria in and on their bodies, and while some of them help us, other types can cause disease.
- When you take an antibiotic, it usually kills the bacteria that are the source of your illness—along with other micro-organisms. But some bugs aren't affected at all by the meds. They become stronger and start to tip your body's bacteria balance toward medicine resistance. As more of those anti-Rx organisms thrive, so does the tolerance you build up against the treatment.

What Can We Do:

- Tell your health care provider if you've been hospitalized in another facility or country. Also, let your HCP and clinic know if you have been out of the country for business or vacation.
- Insist that everyone wash their hands before touching you – in the hospital, clinic, MRI, X-Ray, clinic tech, etc.
- Keep in mind that antibiotics are NOT helpful for the following diseases, so DON'T ask and/or pressure your health care provider for a prescription: The Common Cold, The Flu, Acute Bronchitis, Most Sore Throats, Runny Noses, and Most Ear Infections.
- Take antibiotics only as prescribed. Follow the directions! Ask if you don't understand. Meds change.
- Never take antibiotics without a prescription. Taking leftover antibiotics without a prescription can be harmful because they might not be the appropriate choice for your condition or may not be enough to combat the infection.
- Take ALL of them. Don't save a few of them for a rainy day after you start to feel better.
- Keep careful track of any adverse reactions you experience when taking antibiotics. Many people experience adverse effects when taking certain antibiotics, whether they're allergic reactions or something else. It is important to make a note of these reactions so you can inform your doctor and lessen your chances of receiving the same drug again.
- Don't take anybody's left over antibiotics.
- Be sure to understand when antibiotics should be used. Antibiotics are only effective against bacterial infections, and they should never be used for viral infections such as a cold or flu. Antibiotics don't work against viruses!
- Cook meat to the appropriate temperature. Wash your hands as you prepare food.
- Keep good hygiene to prevent infection. Washing hands before eating and after going to the bathroom or visiting a hospital, clinic, gym, mall, nursing home, etc., can go a long way towards preventing infections.
- Wash your hands or use hand sanitizer after touching the common pens in an area especially - when signing in at the doctor's office,

lab, or for medication at the pharmacy, signing credit card slips at the grocery store and home depot, etc. Especially wash your hands or use hand sanitizer after touching the same germie electronic pen that all of the sick people have touched or those who didn't wash after going to the bathroom? OMG!!! Don't touch your face afterwards!

- Get your flu shot! It is not too late. Are you up to date on all of your other vaccines? If you are over 60, have you had both pneumonia shots? The Prevnar 13?
- This bears repeating, especially as the cold and flu season is upon us: **DON'T TOUCH YOUR MOUTH, NOSE, AND EYES!** Wash your hands frequently.



Source: Family Circle, Overexposed? December 2016, CDC Atlanta, Web MD, NIH

New at the GARDEN OF GRACE in 2017

Happy New Year! Six new stone pavers have been added to the Old Testament Pathway: Job, Psalms, Proverbs, Ecclesiastes, Song of Solomon, Isaiah & Jeremiah. A big thank you to Nick Trail who donated four of these pavers and Jon Hansen who installed them. Along the Life's Hope & Lessons trail, a paver honoring our past pastor Rev. Karl D. Schimpf will be placed and donated by the Hansen Family.

Enjoy the garden,
Jeanne & Scott Hansen



January Calendar

January 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 NEW YEARS DAY	2 AA Meeting 6:30pm	3 Deacons Meeting 7pm Trustees Meeting 7pm Madeleine Choir School Basketball Practice 7-8:30pm Gym	4 Men's Breakfast 7am Community Movie Night 6:30pm	5 Choir Rehearsal 7pm Sanctuary	6	7
8 Camp Sunday Communion CE Meeting before Worship Outreach Meeting after Worship Adult Sunday School 12:30pm	9 AA Meeting 6:30pm	10 Madeleine Choir School Basketball Practice 7-8:30pm Gym	11 PEO – Fireside Room and Kitchen 11am – 3pm (Alice Stephenson Group) Community Movie Night 6:30pm	12 Choir Rehearsal 7pm Sanctuary	13	14 Taking Down the Greens 9am
15 Family Sunday Adult Sunday School 12:30pm	16 AA Meeting 6:30pm	17 Madeleine Choir School Basketball Practice 7-8:30pm Gym	18 Community Movie Night 6:30pm Council Meeting 6:30pm Clarion Deadline	19 Choir Rehearsal 7pm Sanctuary Marijke out of Office through February 1 st will be back in the Office February 2 nd	20	21 Membership Movie Night – La La Land Watch for more details
22 Anniversary Sunday Anniversary Luncheon Adult Sunday School 12:30pm Johanna Hart Preaching	23 AA Meeting 6:30pm	24 Madeleine Choir School Basketball Practice 7-8:30pm Gym	25 Community Movie Night 6:30pm	26 Choir Rehearsal 7pm Sanctuary	27	28
29 Mike Lowry Preaching Adult Sunday School 12:30pm Sandwich Making	30 AA Meeting 6:30pm	31 Madeleine Choir School Basketball Practice 7-8:30pm Gym	Notes:			

February Calendar

February 2017						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Men's Breakfast 7am Community Movie Night 6:30pm	2 Choir Rehearsal 7pm	3	4
5 Adult Sunday School 12:30pm	6 AA Meeting 6:30pm	7 Deacons Meeting 7pm Trustees Meeting 7pm Madeleine Choir School Basketball Practice 7-8:30pm	8 Community Movie Night 6:30pm	9 Choir Rehearsal 7pm	10	11 Valentine's Potluck Dinner Social 6pm
12 Communion Camp Sunday CE meeting before Worship Outreach Meeting After Worship Adult Sunday School 12:30pm	13 AA Meeting 6:30pm	14 Madeleine Choir School Basketball Practice 7-8:30pm	15 Community Movie Night 6:30pm Council Meeting 6:30pm Clarion Deadline	16 Choir Rehearsal 7pm	17	18
19 Adult Sunday School 12:30pm	20 AA Meeting 6:30pm	21 Madeleine Choir School Basketball Practice 7-8:30pm	22 Community Movie Night 6:30pm	23 Choir Rehearsal 7pm	24	25
26 Adult Sunday School 12:30pm	27 AA Meeting 6:30pm	28 Madeleine Choir School Basketball Practice 7-8:30pm	Notes:			

TREASURER'S REPORT

For Period Ending November 30, 2016

CHURCH GENERAL FUND	Fiscal Year-to-	
	November	Date
Unrestricted Contributions	\$10,830.15	\$66,197.92
+ Other Unrestricted Revenue	\$4,791.80	\$26,580.23
+ Transferred to General Fund from Designated Accounts, Memorial Fund & FCC Trust	\$243.03	\$3,114.09
= Total Income	\$15,864.98	\$95,892.24
Total Expenses	-\$17,045.88	-\$108,090.77
= <i>Net General Fund Surplus (-Deficit)</i>	-\$1,180.90	-\$12,198.53

Data for comparison

YTD Budgeted Unrestricted Contributions	\$60,184.00
YTD Budgeted Total Income	\$96,864.00
YTD Budgeted Total Expenses	-\$123,526.00
Amt YTD Surplus is ahead of (+) or behind (-) Budget	\$14,463.47

DESIGNATED ACCOUNTS

Designated Contributions	Fiscal Year-to-	
	November	Date
All Outreach Contributions	\$428.00	\$2,806.00
Other Designated Contributions	\$43.00	\$2,054.53
= <i>Total Designated Contributions</i>	\$471.00	\$4,860.53

FIRST CONGREGATIONAL CHURCH

2150 S. Foothill Drive

SLC, Utah 84109

January 2017

ADDRESS SERVICE REQUESTED