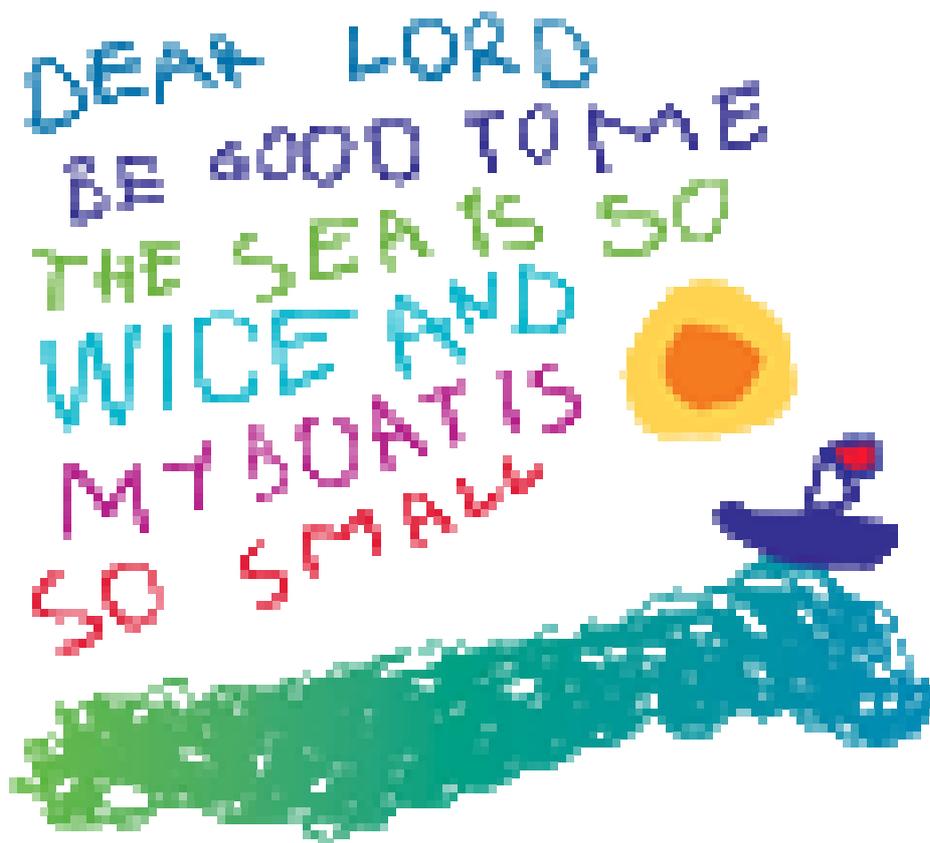


CONGREGATIONAL CLARION

2150 FOOTHILL DRIVE
SALT LAKE CITY, UTAH
801-487-1357

October 2014



Children's Defense Fund

WORSHIP PLANNING – October 2014

OCT 5 – 17TH SUNDAY AFTER PENTECOST & WORLD
COMMUNION

SERMON – “I BELIEVE IN THE CHURCH”

SCRIPTURE – Deuteronomy 14:1a, 2 & 2 Corinthians 6: 16b-18

HYMNS – 528 – Here From All Nations
389 – Put Peace Into Each Other’s Hands
390 – We’re Marching To Zion

OCT 12 – 18TH SUNDAY AFTER PENTECOST

SERMON – “OVERCOMING PETTINESS”

SCRIPTURE – Psalm 106:1-5 & Philippians 4:2-3

HYMNS – 46 – Praise The Lord
604 – Great God, As We Are Gathering
395 – The Bond Of Love

OCT 19 – 19TH SUNDAY AFTER PENTECOST

SERMON – “UNEASY RELATIONS”

SCRIPTURE – Isaiah 45:1-3 & Matthew 22:15-22

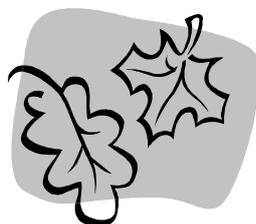
HYMNS – 119 – Come Into His Presence
688 – We Give Thee But Thine Own
521 – Abide With Me

OCT 26 – 20TH SUNDAY AFTER PENTECOST & YOUTH
SABBATH

SERMON – YOUTH

SCRIPTURE – Matthew 25:31-46

HYMNS – 616 – We Meet You, O Christ
668 – Wonderful Words Of Life
464 – May The Mind of Christ, My Savior



First Congregational Church

2150 S. Foothill Drive

Salt Lake City, Utah 84109

Phone: (801) 487-1357

Email: firstcongo@qwestoffice.net

Website: www.firstcongregationalslc.org

Facebook: First Congregational Church,
Salt Lake City

Office Hours:

Tuesday – Thursday: 8:30am – 3:00pm

Friday: 8:00am – Noon

Worship Hour: Worship Hour at 11:00am

Nursery Provided

Minister:	Rev. Dr. Michael Chittum
Moderator:	Carol Price
1st Assoc. Moderator:	Ron Sawdey
2nd Assoc. Moderator:	Ted Stephenson III
Treasurer:	Paul Kelley
Financial Secretary:	Sandra Shipman
Asst. Fin. Secretary:	Pam Dropek
Church Clerk:	Ken Rockwell
Board of Trustees:	Mike McIntire
Board of Deacons:	Phil LeHoux
Outreach Board:	Robin Smith
Christian Education:	Emily Weibel
Membership:	Kathy Souba
Parish Nurses:	Diane Forster-Burke, Marge Kimes
Camp Fellowship:	Christine Madsen and Shaun McIntire
Garden of Grace:	Scott & Jeanne Hansen
Choir Director:	Devon Bettolo
Organist:	Bob Dobson
Church Secretary:	Kristi Hanson



REFLECTIONS FROM THE REV.....

Rev. Dr. Michael Chittum

CHILDREN IN UTAH

I want to have you take a quiz. This quiz is based on information provided by the Children's Defense Fund on how well our state does in protecting and caring for our children. CDF is the sponsor of Children's Sabbath, which we observe in October.

1. A child in Utah is abused or neglected every _____.
 - a) 50 days
 - b) 5 weeks
 - c) 24 hours
 - d) Every 50 minutes.
2. Utah ranks among the 10 best states in:
 - a) Per pupil school expenditures
 - b) % of babies born at low birth weight
 - c) Infant mortality rate
3. Utah is the worst state in:
 - a) Infant mortality rate
 - b) % of babies born at low birth rate
 - c) Per pupil school expenditures
4. The % of Utah children without health insurance coverage is about:
 - a) 1%
 - b) 50%
 - c) 5%
 - d) 11%
5. The % of children living in poverty is about:
 - a) 1%
 - b) 6%
 - c) 11%



d) 16%

6. The number of children in the School Lunch Program is about:

a) 15,000

b) 50,000

c) 100,000

d) 350,000

7. The number of children receiving Food Stamps in Utah is about:

a) 4,000

b) 14,000

c) 44,000

d) 140,000

For those of you keeping score, the correct answer according to data of the Children's Defense organization is the last one in each question. Did you get them all right? Did you get any of them right? Did you think we, as a state, were doing better than we are? Were you surprised by any of these answers?

There are other things about Utah and our care for our young people that may surprise you. Based on the latest available statistics from the government: Did you know that over half of all children under the age of 6 have all of their parents in the workforce? Did you know that nearly 67% of all 4th graders cannot read at grade level and 57% cannot do math at grade level? Did you know that nearly 10,000 juveniles were arrested in Utah? Did you know that 17 children and teens were killed by firearms?

While you may think that all of this is just the way it is or that it is a problem – but not our problem, you may need to remember the teachings of Jesus. Jesus made a point of telling his followers that they needed to care for the “little ones.” You may also need to

be reminded of how often the Hebrew prophets told the people to care for those who were least able to care for themselves.

So, what can we do? We cannot “fix” the problems in every family in the state of Utah, after all.

We can keep doing many of the things we are already doing. We help support the Utah Food Bank and Crossroads Urban Center that help provide food for families in Utah. We help support the 4th Street Clinic that helps provide health care for those who cannot afford it elsewhere. We help support the Salt Lake Educational Foundation that helps provide school supplies and other needed items so children can go to school and learn.

Maybe, though, we should do more. We can keep informed of bills going through the legislature affecting the health and well-being of children and telling our elected officials our position on the bills. We can write letters to elected officials to tell them we want them to support our children. We can take an active role in volunteering at a school to help a child read better and do math better. The big thing is to let our voice be heard in support of these “little ones.”

Grace and Peace,
Michael

NEXT MONTH CLARION DEADLINE



November Clarion Deadline will be October 15th.
You can email your articles or leave them in the church office. firstcongo@qwestoffice.net

FCC MEMORIES

“Remember when...?” As we look forward to celebrating our church’s 150th anniversary, it’s also time to look back and remember all that we’ve gone through as a community of faith. The History Committee (Rev. Michael Chittum, Jerry and Louise York, and Ken Rockwell) would like to update the history of FCC (written by Mary Dawn Coleman in 1965) and bring it up to the present day. That’s all of the time we’ve been in our present building. We are contacting former ministers of the church to ask them questions about their recollections, such as:

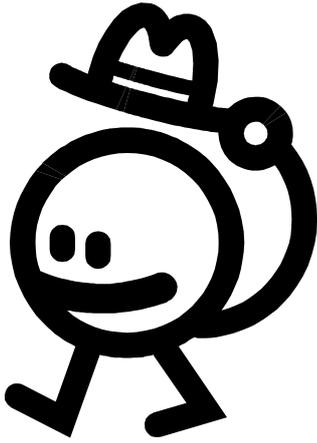
What was the most memorable event(s) when you were here, for the church, for yourself as part of the church, etc.?

What changes have you seen during your time here?

What have been FCC’s greatest strengths, and its greatest challenges?

We could also use YOUR memories! This especially applies to our oldest members and associates who have been around the longest. Please write down your memories of the events and developments that you still think about after all these years, for those who come after us may appreciate these stories of their—OUR—heritage. Or, if you prefer, one of us could sit down with you and do an oral interview, since conversation may help to bring old times to mind. Contact Ken Rockwell, either at Church or via mail, phone, or e-mail (see the Directory).

HATS OFF TO OUR NURSERY VOLUNTEERS



Have you ever accompanied a young child on an airplane? Or maybe you've been sitting next to a parent or child on an airplane or in a doctor's office. The child doesn't understand why they have to be there, and sometimes protests loudly. The parent is nervous and upset because their child is making noise and is worried they are bothering the people around them. This happens in many public places including churches. But not at our church. We are blessed to have a team of volunteers who look after our littlest members during services. These caring volunteers teach, entertain, love the children so the parents are able to have quiet time to focus on the Sunday service , knowing their child is happy and with a caring person. We want to give a big hats off to our nursery volunteers. Thanks for all you do. If you are interested in volunteering in the Nursery during Sunday services. Please contact Betty Clark at (801) 280-6782.

THE HEART OF THE CHURCH

“Worship is at the very heart of the church’s life. All that the church is and does is rooted in its worship.”



The various aspects of worship include both symbols and the “words of worship.”

We see the **cross**, one of the most widely recognized symbols in the world, which has been used as a symbol from the earliest times. The image of the **Good Shepherd**, often with a sheep on his shoulders, is the most common of the symbolic representations of Christ and is related to the Parable of the Lost Sheep. **Fire**, especially in the form of a candle flame, represents both the Holy Spirit and light.

Praise, which is dominant in Christian worship, is the joyful response to the incomparable gift of God in Jesus Christ.

The Lord’s Prayer is regarded by many as a model for all prayer. Despite the fact that theological differences and various modes of worship divide Christians, Fuller Seminary professor, Clayton Schmit notes that, “there is a sense of solidarity in knowing that Christians around the globe are praying together . . . and these words always unite us.”

We use “**Amen**” at the close of our prayers and hymns. From the Hebrew, “Amen” means, “so be it.” The Bible includes a double “amen” (“amen and amen”) in Psalm 89 to confirm the words and invoke the fulfillment of them. The Lord's Prayer, at Matthew 6:13 closes with “amen.” “Amen” concludes all of Paul's general epistles; and at the very end of the New Testament, “Amen” concludes the New Testament (at Rev. 22:21) with these words, “The grace of the Lord Jesus be with God’s people. Amen”

The **reading of scripture** is a form of remembering, recalling, and experiencing anew the reality of God's mighty acts in sacred history.

A **doxology** is a short hymn of praises to God used in various Christian worship services. The tradition derives from a similar practice in the Jewish synagogue where some version of the Kaddish serves to terminate each section of the service. Among Christian traditions a doxology is typically an expression of praise sung to the Holy Trinity, the Father, the Son and the Holy Spirit. We use what is known by many as "Old 100th," which begins with the line, "Praise God, from whom all blessings flow." The words were written in 1674 by Thomas Ken. Originally, the stanzas we sing were the the final verse of another, longer, hymn.

When we partake of **communion** we reenact the actions of Jesus in the upper room: the breaking of the bread, the taking of the bread and cup.

If you've ever heard the term "**proper**" in reference to worship, it refers to those elements of worship that change from week to week or from season to season. The New Handbook of the Christian Year refers to properes as the aspects of worship that "supply the variety needed for effective worship."

During the worship service we gather to hear His word. We express our unity in Christ by the power of the Holy Spirit and we come to the Father in praise and adoration. All those who are gathered worship God by gathering; by hearing his word and by uniting in praise for his glory. We are worshippers all of the time as Christian individuals; but we are one household. Glorifying God is something we do best together. So we come together at the worship service as a revelation of His love within our fellowship.

HEALTH TIPS FROM YOUR PARISH NURSE

Hypertension

One in 3 American adults has hypertension. Hypertension is linked to being at risk for heart attack and stroke, as well as heart failure and kidney disease. Some people have home monitors recommended by their health care providers. It is important to record your blood pressures (reading, date, and time) to track your results and to use your arm, as the finger or wrist devices are neither as accurate nor reliable. If you are tracking your blood pressure at home, you should measure yourself at the same time every day, and avoid drinking coffee or other caffeinated beverages, smoking, or exercising for 30 minutes prior to taking your blood pressure. Sit in a chair with your arm at the level of your heart and with both feet flat on the floor (without crossing your legs).

Normal is less than 120/80 mm Hg. Prehypertension is between 120-139/80-89 mm Hg.

Hypertension is 140/90 mm Hg or higher. An emergency reading is 180/110 mm Hg or higher (taken at least twice) when you would need to seek emergency care.

An ideal blood pressure (according to a study in the Lancet) is 115/75 mm Hg.

One high reading should be followed up with a period of rest and then a recheck. If your numbers are consistently elevated, consult your health care provider.

Things that we can do to reduce our blood pressures include losing weight, exercise, and a good diet high in fiber, low in fat, and low in sodium, and reduce or manage our stress.

(Sources were "The Doctors" and WebMd)

FROM THE OUTREACH BOARD

The Outreach Board project for the month of October will be the Save the Children Organization with emphasis on the children of Northern Iraq. More than 1.2 million Iraqis have already been displaced in the past two months since the fighting began, many of them young children. Aid agencies are working around the clock to cope with the rapid displacement in northern Iraq as tens of thousands of people flee from fighting. Save the Children has distributed hygiene kits, jerry cans, shelter kits and biscuit packs in some of the worst affected areas. They have helped more than 100,000 in northern Iraq since fighting first broke out at the beginning of June.

Save the Children invests in childhood – every day, in times of crisis and for our future. In the United States and around the world, they give children a healthy start, the opportunity to learn and protection from harm. By transforming children's lives now, we can change the course of their future and ours.



REPLENISH THE GARDEN OF GRACE DAY

Saturday, October 4th, 2014, 9:00 am-12:00 pm

[Located along the north side of our church.]

ANNIVERSARY EDITION

Our 150th Church Anniversary is coming up &
It is the Tenth Anniversary of the Garden of Grace

Fall is the best time to prep the garden for the year ahead.
It is a great outward sign to our community
that we care about our natural Utah environment.

GOALS:

Spruce up the garden by clipping back plants and bushes
Garden maintenance
Plant some new items
Spread some mulch to prevent weeds

Come by for any amount of time you can. Enjoy the sunshine and
fellowship in the Garden.
Refreshments provided. We have some gloves & tools or you can
bring your own.

Questions Call: Jeanne Hansen 801.801.0500 for more
information or

to order a new pathway stone.

Scott 801 556-7448 for other time to help

Hope to see you in the garden. Enjoy!
Jeanne, Scott, Jonathan & Ryan Hansen

STONE PATHWAY GOAL:

Complete the Old Testament Stone Pathway by 2015 for our 150th Anniversary.

Joshua > Malachi are available to order

Personalized stones can also be ordered for Life's Hopes & Lessons Pathway. Call for an estimate.

Additional Order forms will be available in the office or gym coming up.

Yes, I would like to help complete the Old Testament Pathway for a cost of \$25. per stone paver.

The Old Testament pavers I would like to order are:

1. _____

Names of the Books

2. _____

3. _____

Total: Make checks payable to FCC Garden of Grace and send into the office. _____

Thank you so much for helping to make this happen!

Outreach Project – Save The Children Organization

~ October 2014 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Men's Breakfast 7am Book Group 7pm	2	3	4 Garden of Grace Workday 9am
5 World Communion Camp Fellowship Sunday	6 AA Meeting 6:30pm	7 Deacons Meeting 7pm	8	9	10	11
12 CE Meeting before Service Outreach Meeting Following Service	13 Columbus Day AA Meeting 6:30pm	14 Trustees Meeting 7pm 2015 NACCC Host Committee Meeting 7pm	15 Council Meeting 7pm Clarion Deadline	16	17	18
19	20 AA Meeting 6:30pm	21	22	23	24	25
26 Children's Sabbath	27 AA Meeting 6:30pm	28	29	30	31 Halloween	Notes:

Outreach Project – Fourth Street Clinic

~ November 2014 ~						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 Daylight Saving Time Ends Communion Camp Fellowship Sunday All Saints Day	3 AA Meeting 6:30pm	4 Deacons Meeting 7pm Voting in Fireside Room All Day	5 Men's Breakfast 7am Book Group 7pm	6	7	8
9 CE Meeting before service Outreach Meeting after worship	10 AA Meeting 6:30pm	11 Trustees Meeting 7pm	12	13 PEO 10:30am (Diane Simons)	14	15
16	17 AA Meeting 6:30pm	18 2015 NACCC Host Committee Meeting 7pm	19 Council Meeting 7pm Clarion Deadline	20	21	22
23	24 AA Meeting 6:30pm	25	26	27 Thanksgiving Day Worship Service 10am Office Closed	28 Office Closed	29 Hanging of the Greens
30 1 st Advent Sandwich Making Following Worship	Notes:					

TREASURER'S REPORT

For Period Ending August 31, 2014

CHURCH GENERAL FUND	August	Fiscal Year-to- Date
Unrestricted Contributions	\$12,128.65	\$25,423.36
+ Other Unrestricted Revenue	\$3,847.14	\$8,334.33
+ Transferred to General Fund from Designated Accounts, Memorial Fund & FCC Trust	\$947.00	\$1,023.00
= Total Income	\$16,922.79	\$34,780.69
Total Expenses	-\$21,262.35	-\$39,314.31
= <i>Net General Fund Surplus (-Deficit)</i>	-\$4,339.56	-\$4,533.62

Data for comparison

YTD Budgeted Unrestricted Contributions	\$28,645.00
YTD Budgeted Total Income	\$38,931.00
YTD Budgeted Total Expenses	-\$39,889.66
Amt YTD Surplus is ahead of (+) or behind (-) Budget	-\$3,574.96

DESIGNATED ACCOUNTS

	August	Fiscal Year-to- Date
Designated Contributions		
All Outreach Contributions	\$1,022.19	\$1,980.81
Other Designated Contributions	\$55.00	\$177.00
= <i>Total Designated Contributions</i>	\$1,077.19	\$2,157.81

FIRST CONGREGATIONAL CHURCH

2150 S. Foothill Drive

SLC, Utah 84109

October 2014

ADDRESS SERVICE REQUESTED