

CONGREGATIONAL CLARION

2150 FOOTHILL DRIVE
SALT LAKE CITY, UTAH
801-487-1357

April 2021



First Congregational Church

2150 S. Foothill Drive

Salt Lake City, Utah 84109

Phone: (801) 487-1357

Email: firstcongo@qwestoffice.net

Website: www.firstcongregationalslc.org

Office Hours:

Tuesday – Thursday: 8:30am – 3:00pm

Friday: 8:00am – Noon

Sunday Worship Services:

Traditional Worship at 10:30am Live Streaming

Worship LIVE STREAMING - Facebook SUNDAYS @10:30AM

| | |
|---|--|
| Interim Minister: | Rev. Janie Gebhardt |
| Moderator: | Cissy Wolff |
| 1st Assoc. Moderator: | Mike McIntire |
| 2nd Assoc. Moderator: | |
| Treasurer: | Paul Kelley |
| Financial Secretary: | Mike McIntire |
| Church Clerk: | Ken Rockwell |
| Board of Trustees: | Scott Hansen |
| Board of Deacons: | Phil LeHoux |
| Outreach Board: | Diane Forster-Burke |
| Christian Education: | |
| Youth Director: | Molly Connor |
| Membership Board: | |
| Parish Nurses: | Diane Forster-Burke, Marge Kimes, Lynne Calame |
| Camp Fellowship: | Christine Madsen and Shaun McIntire |
| Garden of Grace: | Scott & Jeanne Hansen |
| Choir Director: | Devon Bettolo |
| Organist: | Teresa Clawson |
| Church Secretary: | Kristi Hanson |

CLARION DEADLINE

PLEASE NOTE CLARION DEADLINE APRIL 21ST.

Please email your articles firstcongo@qwestoffice.net



DONATIONS AND GIVING INFORMATION



Our church community is certainly in a different and difficult time but we are trying to remain a center of faith and spirituality for all of us. This means we continue to have ongoing expenses for our staff and building. Over the first seven months of this fiscal year the deficit is almost \$18,000. Unrestricted giving is less than 1/2 of budget. PLEASE, Please remember to send donations to the church office. You can also use PayPal. If you have any questions, please call the church office. Thank You for your support.

This is just a reminder that you can make your contributions to First Congregational Church and its projects by visiting the church's website: <https://www.firstcongregationalslc.org/>. Many folks are finding this approach a way to maintain their support of FCC when not being able to attend services. I suspect many will continue donating on-line after we begin meeting in-person because of its convenience.

To donate, go to the "contact" tab along the top of the First Congregational Church website and click "donate."

After entering an amount, you will be given the option to make your donation a recurring one, and the choice between donating through your Paypal account or by using a credit or debit card.

On the next page you are given the opportunity to "**add special instructions to the seller**". You can tell FCC there if you wish to direct some of your donation to **Outreach** or another designated account of the church. We can see your instructions and will divide your donation accordingly. If there are no special instructions we assume your donation is an unrestricted contribution to the church's general fund.

If you have any questions about this process, please feel free to reach out to the church office, or Paul Kelley at kelloolsn@msn.com.

Janie's Jottings ~

It feels like we are beginning to emerge from a very strange time. To be sure, much has been going on as the church considers its path forward. There have been numerous conversations and meetings, all revealing much that is important as we consider possibilities for the future. And there is still more ahead of us. The conversations have been thoughtful and have respected a range of options. And I've seen opinions shift and new ideas emerge. If anyone thought this would be quick – I think we are learning. As we were looking at appreciative inquiry one of the things that emerged was a strong sense of your care for one another and your desire to stay together. That care has been borne out in this process. What has been hard is not being able to be together and to work ideas out in person.

Well, the Church Council is feeling we can safely gather again for worship and what better time to resume than Easter Sunday as we celebrate resurrection. We will observe the events of Holy Week either on Facebook Live or with Zoom, but Easter will be together – socially distanced with masks -but in person. Plans at this point include a Maundy Thursday Seder on Zoom on April 1st. Good Friday reflections will be on Facebook that you can access like was done on Ash Wednesday. But Easter Hallelujahs will be live, in person. (I think we'll try to do Facebook live that day too for those who aren't ready for the full "in person" experience yet.)

On Wednesday, March 24th at 7:00 PM there will be the second part of our Lenten study looking at the events of Jesus' life in that last week. As I said before, I think much of what happened in that last week has been forgotten or ignored but this is a great opportunity to appreciate the fullness of Jesus' story. We join on Zoom and if you'd like to be part of that, please let me know so I can make sure you have the link.

May the remainder of your journey through Lent be rich with blessings.
Janie

HOLY WEEK SERVICES

Sunday Mar 28 **Palm Sunday** virtual church on Facebook Live

Thursday April 1 **Agape Feast** at 6 PM via Zoom. Join us for a feast in honor of the Last Supper. We will eat separately as we remember the Last Supper. An email will be sent out with the Zoom information.

April 2 **Good Friday** Service on Facebook Live at Noon if you miss the Noon broadcast the service can still be viewed on our Facebook page.

April 3 **Easter Service** (in person) at church. Reservations are required so we can practice social distancing. Church at 10:30am. Fellowship gathering will be in the courtyard following the service. Easter egg hunt is planned.

MAUNDY THURSDAY AGAPE FEAST

We will be holding Maundy Thursday (4/1) Agape Feast via Zoom at 6pm. Watch email for Zoom information and Program.

**Below is a List of foods that we typically have for the Agape Feast
Choose your favorites to enjoy (Mediterranean Diet) during the Zoom Service**

- **Grapes- red or green**
- **Any other kind of fruit you like**
- **French or sour dough bread**
- **Olives**
- **Dried fruit**
- **Cheese of any kind you like**
- **Mixed nuts**
- **Wine, sparkling cider, or grape juice**

EASTER SERVICE IN PERSON **And Reservation Information**



It is HAPPENING!! We are going to meet in person at First Congregational Church in Salt Lake City on Easter Sunday!! I am so excited and am looking forward to seeing many of you. Service will also be broadcast on Facebook Live for those that prefer that option.

There will be some rules to allow this to happen:

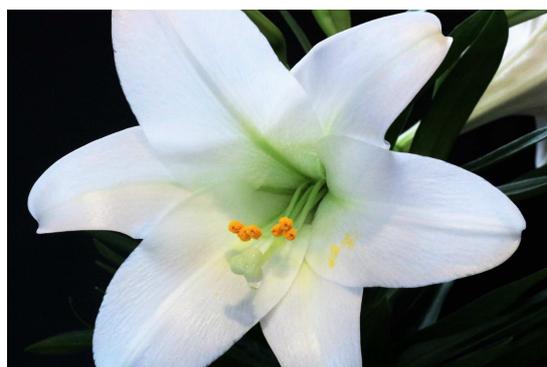
- You must make a reservation. We anticipate having less than fifty attending.
- You must wear a mask.
- Seating will be socially distanced, but we have a large sanctuary and we believe it will work well for everyone.
- You are asked to enter the church at either the main upstairs door or the lower west side door or the west door near the elevator. The elevator is working and is available for those that need it. Do not use the gym door. We are sharing the church and Ekklesia uses the gym.
- Parking – We are asking you to park on North and West Side of building. For More Information on parking please contact Marge Kimes or Phil LeHoux.

***** RESERVATIONS ***** – Please email or call Marge Kimes

E-mail – m.kimes@comcast.net

Home – 801-467-2390 or Cell – 801-809-3236

CE plans an Easter egg hunt after service in the courtyard. We will not be serving refreshments, but you may visit in the courtyard after service if you wish.



From the Moderator-Cissy Wolff

Thank you to everyone who participated in the congregational meeting held via Zoom on February 28, 2021. In this meeting we elected a Moderator, a Second Associate Moderator, a Nominating Committee, and a Pulpit Committee. We still have an opening for a First Associate Moderator. The results of this meeting are listed in another article in this Clarion. Thank you so much to all the volunteers who stepped forward to help us become the church we want to be.

Council is starting to meet with potential buyers for our property. We have had a presentation from the Salt Lake City Redevelopment Agency explaining their role in buying our property and developing affordable housing.

We will also be meeting with churches who have expressed interest in our property. Some churches have expressed interest in preserving some of our buildings while another church has expressed a desire to build other structures more suitable for their congregation.

Additionally, Council is evaluating the feasibility of exploring offers to buy our property outright for unspecified development.

Evaluating all of these potential buyers has led to many discussions about who we are as a church, what kind of legacy we want to leave in the community, and how to discern the best way to use the amazing resources that God has given us.

Please plan to attend an informational meeting for the congregation on Sunday, April 18, 2021 immediately after church. Council will outline some of the options we have explored and the myriad questions we have struggled with as we determine our future.

SAVE THE DATE - BLOOD DRIVE MAY 21, 2021 from 1pm – 6pm.

Watch your emails and May Clarion for updates on how to sign up and donate.

From the Deacons

With Easter soon to be upon us, the end of the current FCC year is coming fast. It has certainly been a strange and stressful time for all. As we make our first tentative steps towards resuming in-person worship, it is important to remember that not everyone will be prepared for a return to the sanctuary. That is why we are planning to continue our streaming worship along with whatever in-person arrangement we can comfortably accommodate. At this time, it is still unclear exactly how we will proceed and when more activities can be resumed. For example, we are still unsure about our outdoor service, as the City has not resumed booking sites in the public parks. We continue to count on the recommendations of our own health professionals, who are constantly monitoring the State and County recommendations and guidance. This is the time for the beginning of planning for next year, which extends to the populating of Boards to carry on expected activities and functions. The deacons, like many Boards, have been working with minimum membership. While this has been less of an issue this year with the suspension of all in-person events at FCC, it is hoped that these will gradually be reintroduced, which will require additional planning and implementation. All Boards perform important functions required to keep us going, and the weekly worship experience is what keeps most of us engaged. That the deacons can contribute directly to this by planning and overseeing it makes our function particularly rewarding. So, when the nominating committee comes calling, I hope you will very seriously consider joining us in our endeavor. Even if you feel that such a regular commitment is not feasible, I would invite everyone to consider supporting us by signing up as liturgist, or even with worship preparation. These are not onerous tasks, as we have prepared liturgies that can be used, and checklists for all the worship preparation activities. Do you have questions or interest? Hit up Carla, Diane, Marge, Ken or Phil any time with a call or email to find out more about how you can help sustain the worship tradition at FCC, however it is practiced.



FROM THE NOMINATING COMMITTEE

A congregational meeting was held on Sunday, February 28, 2021 via Zoom to elect the Moderator, Associate Moderators, a Nominating Committee, and a Pulpit Committee. The election results are as follows:

Moderator: Michael McIntire

First Associate Moderator:

Second Associate Moderator: Bill Brown

Nominating Committee: Susan Baer, Bob Dobson, Nancy Nalley

Pulpit Committee: Vickie Brunstetter, Nancy Dahill-Brown, Glenda LeHoux, Michael McIntire, Ken Rockwell, Blaine Simons

Wendy Haupt, immediate past moderator, will be part of the Nominating Committee. Cissy Wolff, moderator, will be part of the Pulpit Committee. When Michael McIntire becomes moderator on July 1, 2021 then he and Cissy Wolff will switch roles on the Pulpit Committee.

We are still looking for someone to serve as First Associate Moderator. Please contact any member of Council if you have any questions and if you would like to volunteer to be First Associate Moderator. Thank you to all the volunteers who will help us become the church we want to be. Please think about which boards and offices can use your talents, time, and energy. Please contact anyone on the new Nominating Committee or on Council to discuss ways that you can help our church.



INFORMATIONAL MEETING ON - April 18, 2021



First Congregational Church will have an informational meeting on Sunday, April 18, 2021 immediately after church.

Council is evaluating potential buyers for our property. Come and find out what information has been gathered from the Salt Lake Redevelopment Agency and their priority to develop affordable housing. Find out about the plans of some churches that want to maintain our property as a place for worship. Find out about the possibilities of doing great things for our church and the community if we obtained the highest value for our property.

In evaluating these potential buyers Council has been immersed in discussions about who we are as a church. We have been confronted with questions about our future, our role in the community, and the legacy we would like to leave. Join us for this informational meeting where Council will share the multitude of factors that we must consider in determining our church's future. Please be on the lookout for emails that will provide the details for this very important meeting.

SPRING RENEWAL at the GARDEN of GRACE

Sat. April 10th, 10am-1pm

A great time to get out and give our Xeriscape Garden a Spring Boost.

GOALS: Clip back our plants and bushes

Garden maintenance

Add some mulch

Come for any amount of time you can. Tools & sanitized gloves provided or you can bring your own.

Refreshments with coffee & water provided.

Come enjoy the Sunshine & Friendship Outdoors.

Hope to see you there! If another time works just contact Scott.

Any questions call or text:

Jeanne Hansen or Scott Hansen

801-209-2823. 801-556-7448



History Lesson #2 First Congregational Church – Salt Lake City



The Congregationalists soon outgrew their quarters and in November 1865 they completed a plain adobe building and named it "Independence Hall". Here was cradled Protestant Christianity in Utah. They never refused its use to any religious, benevolent, educational, social, political, or other worthy cause. In a true sense, this property was held in trust for the entire Gentile community.

It was used by the Episcopalians, Methodists, the Jewish Community, the Masonic Lodge, the Odd Fellows, the Women's Anti-Polygamy Society. By adding three rooms to the original building, the Salt Lake Academy, a Congregational Institution began, one of the first non-Mormon schools in the area.

With membership increasing, Rev. McLeod went east in 1866 to raise money. Dr. J. King Robinson, the S.S. Superintendent, was left in charge. In October, Rev McLeod received a letter informing him Dr. Robinson had been assassinated and advised him not to return to Utah at that time. He did not return to Utah until 1872 and served one year before resigning,

On Christmas Day 1873, Rev. Walter Barrows became pastor, having asked to be sent to the most difficult area in this country. The church was reorganized, a new constitution was written and a new name adopted: The Congregational Church of Salt Lake City. By 1881 the church had grown and was self-supporting. Rev Barrows returned east and was succeeded by Rev Grant T Lee, who remained only two years. In 1884 Mr J. Brainard Thrall became Pastor. He served for 9 years during which time the church needed new quarters. They were without a home for several years, meeting in various locations in the city. Great was their joy when on November 26, 1892, 27 years to the day since the first service in Independence Hall, they first worshiped in their new church. The beautiful building at First South and Fourth East was fully completed and dedicated on January 22, 1893.

A magnificent stained glass window was erected in the new building dedicated to O. J. Hollister, prominent citizen and chairman of the building committee who passed away shortly before the building was

completed. The window, “The Walk to Emmaus”, designed by J. and R. Lamb of New York is a lasting memorial to a loyal member of the church. An organ consisting of 2700 pipes and nearly 70 stops, which became a model of excellence and a tribute to the church was installed. In Feb. of 1893 Rev. Thrall ended his ministry in this place having earned the respect and confidence of the community at large.

Next time we learn about Dr. Clarence T. Brown, Rev. Elmer Goshen and Rev, George Weber. Stay Tuned.



Parish Nurse Health Tip

Here We Go: Inflammation, Part Duex

What Helps. What Doesn't. What Causes. What Soothes.

Let's start out with food. Yes, and they're the same foods you've been warned about by everyone from your dentist to your cardiologist to your parish nurses and our resident dietitian Wendy. And that's no surprise, because gingivitis and sclerotic arteries are both inflammatory conditions. Foods high in sugar or high in unhealthy fats (think deli meats and fried foods) are top of the list.

- **Bottled Salad Dressings:** Look at the label of your favorite dressing. The first three ingredients are probably water, sugar and soybean oil. Soy and vegetable oils are high in omega-6 fatty acids — which we tend to eat a lot of. Make your own salad dressings with inflammation-fighting olive oil, lemon or vinegar, and spices.
- **Big, Colorful Salads:** The vitamins and minerals that are found in fruits and vegetables help prevent cell damage — in other words, they fight inflammation. There are hundreds of antioxidants, such as vitamins A, C and E, as well as lycopene and selenium.
- **Healthy Fats:** Monounsaturated fats (olive oil, avocado, nuts) have been shown to lower the risk of heart disease, while polyunsaturated fats (fish, flax, oils) include an inflammation-busting mix of omega-6 and omega-3.
- **Pudding and Processed Food:** Most processed foods, especially desserts, are low in fiber, high in sugar and packed with chemicals, all of which are bad for the gut. The more you cook at home with unprocessed food, the better.

- **Yogurt:** Eat live culture yogurts that contain healthy bacteria called probiotics, which help keep the bad gut bacteria in check.
- **Deep Fryers:** Advanced glycation end products (AGEs) are inflammation-causing compounds produced when meats and grains are cooked at high heat — think doughnuts, French fries and fried chicken.
- **Fruit Bowls:** Dark-colored fruits, vegetables and beans contain polyphenols, plant compounds with antioxidant and anti-inflammatory properties. Examples you may have heard of: resveratrol (wine, grapes), catechins (tea, apples, berries).
- **White Bread:** A diet low in fiber can allow unhealthy bacteria to gain the upper hand in your digestive system, contributing to a leaky gut, in which toxins are allowed to pass through into your body rather than being swept away by the digestive system. **Whole-Grain Bread:** As the body digests fiber, like that found in whole grains, it creates butyrate, a beneficial fatty acid with anti-inflammatory powers. Butyrate seems to cross the blood-brain barrier and may help prevent neurological decline.

The antioxidants in fruits and vegetables help to mitigate the cellular damage created by inflammation. Let high-fiber foods be your new mantra. You don't need to go plant-based, but less bacon, more broccoli. It's true, plant-based foods pack the strongest anti-inflammatory punch. It's also true that red and processed meats can cause inflammation, but you don't have to banish meats from your diet. This is particularly important for older adults because protein consumption may help prevent age-related muscle loss. Keep a balance between plant — nuts, seeds, beans, grains — and animal protein. Try to eat one food from every color of the rainbow every day. Ahh, now there's a challenge.

What Else Can We Do:

- **Bad Attitudes:** If you handle stress poorly, or feel helpless or put-upon, your body goes into fight-or-flight mode and releases cortisol, a hormone associated with inflammation.
- **Yoga:** In one small study, women who were experienced at yoga were 4.75 times less likely to have detectable levels of C-reactive protein as those who were novices, showing that regular yoga seems to reduce inflammation
- **Belly Fat:** Having a big belly means you have an excess of visceral fat, which builds up near your intestines and other internal organs. Visceral fat has been shown to secrete molecules that increase inflammation. ^[1]_[SEP]Lose weight.
- **Church:** Mindfulness techniques such as prayer and meditation have been shown to reduce some markers of inflammation and can help people

suffering from chronic inflammatory conditions. Of course Church and Jesus are going to help!

- **Stress:** Decrease it. Chronic stress causes an increase in hormones like cortisol and adrenaline, which directly trigger a rise in inflammation
- **Lifestyle Changes:** Stay up to date with your vaccinations. When your date comes up, get in line for Covid shots. And guess who is out there volunteering her time shootin' up the people, our very own, Diane! WASH YOUR HANDS REGULARLY! Because infections trigger inflammation. Get regular sleep. Exercise. Sore muscles would be acute inflammation that'll go away in a day or two. Good try, though.

How do I know if I have chronic inflammation?

First, it's not that you either have it or don't have it. By a certain age, we all have some degree of inflammation in our bodies; the key is to keep it at a flickering ember and not let it erupt into a forest fire. If you smoke, drink a lot, carry a lot of extra weight (especially in your belly), never exercise, eat poorly or constantly feel agitated by stress, your chances of having some level of chronic, elevated inflammation are high. If you are lean, are healthy and lead a balanced lifestyle? You should have less of it.

What about testing?

Here's the problem with testing: First, remember that we all have a certain amount of inflammation in our bodies. In fact, our levels fluctuate constantly, so a reading at 8 a.m. will be different from one at 8 p.m. Also, even something harmless like the common cold will spike the levels of disease-fighting chemicals in our blood. Plus, if you're a generally healthy person with no diagnosed issues and you test high for inflammation, what are you going to do about it? For starters: Eat better, reduce stress, exercise more and lose weight. And that's what you should be doing regardless.

That's why doctors don't routinely test for inflammation. Testing should come as a result of certain symptoms like swollen joints. For example, if you have heart disease, your doctor may test for C-reactive protein (C-RP), an inflammation marker that's been linked to cardiac issues. But just chasing inflammation itself, without specific indicators, can open a Pandora's box of unnecessary testing for patients. Instead of trying to pin down this nebulous term 'chronic inflammation,' work closely with your Health Care Provider to ID specific-enough symptoms that may lead to a diagnosis of an inflammatory issue.

How about I just take anti-inflammatories like ibuprofen?

Nice try, but no. While researchers continue to experiment with anti-inflammatory drugs, none has been approved for use in fighting chronic low-grade inflammation. Ibuprofen has side effects such as stomach bleeding and increased blood pressure.

Sources: AARP Bulletin, Mike Zimmerman, Dana DiRenzo, Johns Hopkins University School of Medicine, Baltimore, Robert H. Shmerling, Beth Israel Deaconess Medical Center, Boston, Thomas Buford, University of Alabama Birmingham School of Medicine, AARP, November 1, 2019

MAY OUTREACH - CAMP FELLOWSHIP

Camp Fellowship began in 1981 as an outreach for youth. It was started by Dan and Diana Kizerian. First Congregational Church has always supported Camp Fellowship. It is a non-denominational Christian camp for young people (9-13 years), with former campers who return as cabin counselors. Each cabin has a minimum of 2 teen cabin counselors. Camp utilizes the Camp Pinecliff facility on Chaulk Creek Canyon Rd outside of Coalville. The camp facility is owned by the Methodist Church so we rent the facility for the week. We have several adults who attend Camp as directors, pastor, cooks, nurses, and crafts and activities counselors. We usually total about 90-100 people at the Camp, however this year, we will reduce our capacity to 80% of our normal population because of the pandemic.

The camper fee is around \$200.00 for the whole 6 days. This includes tee shirt, food, water bottle, crafts, etc. We pay Camp Pinecliff for each day that a camper, counselor, or adult is there overnight. Counselors and adults do not pay as we donate our time out of love and commitment to the kids. Camp runs very close to the budget. Our members and campers' parents often donate food and medical supplies toward this effort to make Camp happen for the kids.

This year's theme is still being determined. Camp will run from July 31 to Aug 5th this year. Camp is a wonderful opportunity for our church to contribute to the lives of young people from throughout the valley.

Camp Fellowship is the Outreach recipient of our financial donations for April. Money raised will be used to help with scholarships for campers, as well as pay for the costs of housing counselors and adult staff. It may also be used to pay for things like food, crafts, etc. Thank you.

April 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|-----------|---|--|---|--|---|
| | | | | 1 Zoom Maundy Thursday Agape Feast @6pm Kristi Out of Office | 2 Good Friday on Facebook Live at Noon Kristi Out of Office | 3 |
| 4 Easter Sunday In Person Service at 10:30am – See Announcement Reservations Only Facebook Live Worship Service 10:30am every Sunday until Further Notice Ekklesia Services in Gym 9:30am and 11am | 5 | 6 Deacons Meeting – Zoom @7pm Kristi Out of Office Ekklesia Meeting in Heritage Room @6pm | 7 Zoom Men’s Breakfast 7am Pastor Coffee – Zoom 10am Kristi Back in Office | 8 | 9 | 10 Garden of Grace Workday 10am – 1pm |
| 11 Facebook Live Worship Service 10:30am every Sunday until Further Notice Ekklesia Services in Gym 9:30am and 11am | 12 | 13 Zoom CE Meeting @7pm Ekklesia Meeting in Heritage Room @6pm | 14 Pastor Coffee – Zoom 10am PEO in Kitchen/Fireside Room/Gym 10am – 1pm | 15 | 16 | 17 |
| 18 Facebook Live Worship Service 10:30am every Sunday until Further Notice Ekklesia Services in Gym 9:30am and 11am | 19 | 20 Ekklesia Meeting in Heritage Room @6pm | 21 Pastor Coffee – Zoom 10am Zoom Council Meeting @7:00pm Clarion Deadline | 22 | 23 | 24 |
| 25 Facebook Live Worship Service 10:30am every Sunday until Further Notice Ekklesia Services in Gym 9:30am and 11am | 26 | 27 Ekklesia Meeting in Heritage Room @6pm | 28 Pastor Coffee – Zoom 10am | 29 | 30 | |

May 2021

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|---|---|--|---------------------------------------|--|-----------|
| | | | | | | 1 |
| 2 Facebook Live Worship Service 10:30am every Sunday until Further Notice Ekklesia Services in Gym 9:30am and 11am | 3 | 4 Deacons Meeting – Zoom @7pm Ekklesia Meeting in Heritage Room @6pm | 5 Zoom Men's Breakfast 7am Pastor Coffee – Zoom 10am | 6 | 7 | 8 |
| 9 Mother's Day Facebook Live Worship Service 10:30am every Sunday until Further Notice Ekklesia Services in Gym 9:30am and 11am | 10 | 11 Zoom CE Meeting @7pm Ekklesia Meeting in Heritage Room @6pm | 12 Pastor Coffee – Zoom 10am | 13 | 14 | 15 |
| 16 Facebook Live Worship Service 10:30am every Sunday until Further Notice Ekklesia Services in Gym 9:30am and 11am | 17 Kristi in the office in the morning hours today | 18 Ekklesia Meeting in Heritage Room @6pm Kristi Out of Office Birthday Trip to Disneyworld | 19 Pastor Coffee – Zoom 10am Zoom Council Meeting @7:00pm Clarion Deadline Kristi Out of Office | 20 Kristi Out of Office | 21 Blood Drive 1pm – 6pm Kristi Out of Office | 22 |
| 23 Facebook Live Worship Service 10:30am every Sunday until Further Notice Ekklesia Services in Gym 9:30am and 11am | 24 | 25 Ekklesia Meeting in Heritage Room @6pm | 26 Pastor Coffee – Zoom 10am | 27 | 28 | 29 |
| 30 Facebook Live Worship Service 10:30am every Sunday until Further Notice Ekklesia Services in Gym 9:30am and 11am | 31 Memorial Day | | | | | |

Treasurer's Explanation of the Church Financial Report – February 2021

FCC ran a \$6,975 deficit in February. Over the first seven months of this fiscal year the deficit was \$17,7991. Consequently, the general fund balance fell from \$199,490 on June 30 to \$181,699 on February 28.

Unrestricted Giving was \$3,760 in February, \$4,151 below budget. Unrestricted Giving year-to date was \$57,371, \$23,284 less than the \$80,655 budgeted for the eight months.

Total church revenue was \$14,290 in February and \$168,897 year-to -date. Reimbursements from the FCC Trust accounted for \$2,607 of the month's and \$51,368 of the year-to-date revenue, respectively.

Expenses year-to-date are near budgeted amounts in most categories. Utilities and Inside Maintenance expenses combined are about \$3,800 below budget. Outside maintenance is nearly \$42,000 below budget because a couple major projects slated for this year have been deferred.

Revenue from the Trust, building rentals, and cellular antenna leases ("building revenue") has exceeded building and ground costs so far this year. Revenue from those sources totaled \$93,564 - \$23,437 more than Building and Grounds expenses. Congregational giving, interest income and miscellaneous revenue, has fallen short of covering the cost of employees, administration, and church activities by \$41,228 this fiscal year.

TREASURER'S REPORT

For Period Ending February 28, 2021

| CHURCH GENERAL FUND | February | Fiscal Year-t Date |
|---|--------------|-----------------------|
| Unrestricted Contributions | \$3,760.00 | \$57,371.0 |
| + Other Unrestricted Revenue | \$10,529.78 | \$108,707.8 |
| + Transferred to General Fund from Designated Accounts, Memorial Fund & FCC Trust | \$0.00 | \$2,818.5 |
| = Total Income | \$14,289.78 | \$168,897.3 |
| Total Expenses | -\$21,264.59 | -\$186,687.8 |
| = <i>Net General Fund Surplus (-Deficit)</i> | -\$6,974.81 | -\$17,790.5 |

Data for comparison

| | |
|--|--------------|
| YTD Budgeted Unrestricted Contributions | \$80,655.0 |
| YTD Budgeted Total Income | \$227,070.0 |
| YTD Budgeted Total Expenses | -\$235,522.6 |
| Amt YTD Surplus is ahead of (+) or behind (-) Budget | -\$9,337.5 |

| DESIGNATED ACCOUNTS | February | Fiscal Year-t Date |
|---|----------|-----------------------|
| Designated Contributions | | |
| All Outreach Contributions | \$280.00 | \$2,875.0 |
| Other Designated Contributions | \$0.00 | \$120.0 |
| = <i>Total Designated Contributions</i> | \$280.00 | \$2,995.0 |

FIRST CONGREGATIONAL CHURCH

2150 S. Foothill Drive

SLC, Utah 84109

April 2021

ADDRESS SERVICE REQUESTED